



Soups

Soup du Jour

Cup \$4 Bowl \$5

Gazpacho

Cup \$4 Bowl \$5



Salads

Metropolitan

Marble rye bread, bibb lettuce, oven roasted sliced turkey, Swiss cheese, sliced tomatoes, hard boiled egg and bacon with Russian dressing
\$11

BKYC Classic Cobb Salad

Baby spinach with roast chicken topped with bacon, avocado, blue cheese crumbles, diced tomatoes, chopped eggs and black olives
\$11 Life Portion \$8

Scoop Salad

Choice of Tuna, Seafood or Chicken Salad
with avocado, tomato, baby lettuce and alfalfa sprouts
\$8.50

BK Spa

Chicken, walnut and grape salad with fresh fruit and strawberry cream cheese sandwich
\$11

Grilled Steak Salad

Feta cheese, black olives, Roma tomatoes, marinated artichoke with balsamic vinaigrette
\$13

Orange Cilantro Chicken

Baby arugula, cucumbers, Roma tomatoes, sweet onions, Feta cheese, roasted fingerling potatoes and balsamic vinaigrette
\$11

Grilled Salmon on Field Greens

with fresh fruit and raspberry yogurt sauce
\$13.50

Sweet Chili Glazed Mote Local Sturgeon

Crispy romaine tomatoes, mandarin oranges, macadamia nuts, and sesame ginger dressing
\$13



Entrées

Three Jumbo Prawns with Baby Penne Pasta

Wild mushrooms, bacon, tomatoes,
English peas, creamy Alfredo sauce
\$13

Daily Omelette Creation \$7

Land Ho

Grilled tenderloin on an English muffin
topped with sauteed onions and Swiss Cheese
\$11

Sonoma Farms Organic Chicken Pot Pie \$14



Sandwiches

Classic Reuben

Sliced lean corned beef, Gruyère cheese,
thousand island dressing, sauerkraut
on marbled rye bread
\$12

Southern Fried Green Tomato Sandwich

Goat cheese, spinach, bacon, cracked black
pepper and aioli served on marble rye
\$10

Grouper Sandwich

Fresh grouper fried, broiled or
sautéed with lettuce, tomato and onion
\$14

Half-Pound Angus Steak Burger

Thick and juicy served on a toasted
kaiser roll
\$11.00

Jumbo Lump Crab Cake Sandwich

Butter lettuce, tomatoes, spicy aioli
on a flaky croissant
\$13.00

Soup & Half a Deli Sandwich

Turkey, Ham, Tuna Salad
or Chicken Salad
\$7

*(choice of butter, mayonnaise or
mustard with turkey or ham)*

Sandwiches are presented with a choice of:

French Fries, Chips, Fruit Cup, Cole Slaw, Potato Salad or Broccoli Salad